

OFFICIAL ENTRY FORM (One Entrant per Form)

SURNAME: _____

FIRST NAME: _____

ADDRESS: _____

_____ POST CODE: _____

AGE (on 25 March 2012): _____ Gender: Male/Female

Date of Birth: ___/___/_____(dd/mm/yyyy)

Telephone: _____ Mobile: _____

E-mail: _____

EVENT ENTERED (Only select one walk/run, and optional Splash & Dash)

Walk/Run Senior Walk Splash & Dash

Please provide details of School, Company or Club if participating as part of a team:

School /Company/Club _____

**ENTRIES CLOSE
19 March 2012**

ENTRY FEES

	ADULT	U 18	FAMILY (2 adults + immediate children)	TOTAL
6.5km Walk/Run	\$20	\$10	\$50	\$
Seniors Walk	\$5	N/A	N/A	\$
Splash & Dash	\$5	\$5	N/A	\$

LATE ENTRY FEE OF \$5 APPLIES AFTER THE CLOSING DATE

Cheques/money orders payable to: **Peel Health Foundation.**

Please note entry fee is non-refundable once processed.

Credit card Visa Mastercard

_____ Expiry Date /

Cardholder's signature

NAME ON CARD: _____

ENTRANT SIGNATURE REQUIRED—SEE OVER



ALCOA MANDURAH ISLAND CHALLENGE Sunday 25 March 2012



Enter online at www.mandurahislandchallenge.com

For **PADDLE** (Ski/Kayak) and **OPTIONAL BIKE RIDE** Events, please download the relevant Entry Form from the website

ENTRY FORM FOR WALK/RUN EVENTS
(Choose ONE Walk/Run event, and Optional event if required.)

6.5km FUN RUN/WALK

Around the bridges – Start & Finish in Hall Park. Participants assemble at Start/Finish Arch @ 8:15am for 8:30am start.

Participants under 10 years MUST be accompanied by an adult. who must also be a registered entrant.

6.5km EVENT AGE CATEGORIES (Male/Female)

Under 13	36-49 years
13-17 years	50-65 years
18-25 years	66 years and over
26-35 years	

2.5km SENIORS WALK (Minimum age—60 years)

Start in Hall Park, walk to Old Coast Road/McLarty Road junction and return. Participants assemble at Start/Finish Arch @ 8:35am for 8:45am start.

OPTIONAL ADDITIONAL EVENTS—"SPLASH & DASH" and BIKE RIDE

'SPLASH & DASH' - It's serious fun for all ages (2yrs-99yrs!). A water-based Obstacle event in the Just-4-Fun Aqua Park using the floating water obstacles to "Splash, Jump, Slip 'n Slide". From 9.30am onwards.

'BIKE RIDE' - a 6.5km bicycle ride, using the same 'Around the Bridges' route as the 6.5km FUN RUN/WALK. Assemble at 7.30am for a 7.45am start. (See separate Entry Form on website.)

IMPORTANT INFORMATION

- Entrants under 18 must have a parent/guardian to sign the entry form.
- Animals (or other pets), skateboards, bikes (motorised or otherwise) or rollerblades are not permitted on the course during the run/walk events due to the possible risk to participants.
- Entrants must obey the directions of Police and Officials at all times.

TRANSPONDERS Transponder timing is available for the 6.5km event. Transponders to be collected after registration on the day. Transponders must be handed back as you finish at Hall Park. The cost of any lost or damaged transponders will be recouped from the participant.

ENTRY LODGEMENT

Note: Payment can be made by cheque, cash, credit card or money order. No EFTPOS available.

- **In person or by Post:** Take or send the completed Entry Form to:
Peel Health Foundation,
Suite 3, Charlotte Lodge, 2 Sutton Street, Mandurah
Postal Address: PO Box 1575, Mandurah, WA 6210
- **Internet:** Enter online at www.mandurahislandchallenge.com



Entries close Monday 19 March 2012. Late entry fee of \$5 applicable after this date.
The Mandurah Island "Schools" Challenge

Peel Health Foundation is challenging Schools to enter as a team. All schools that enter participants in the kids walk, 6.5km run/walk, bike or paddle event will be eligible for some great prizes. The school with the highest percentage of participants will win \$500 worth of sporting equipment.

The Mandurah Island "Corporate" Challenge and "Club" Challenge

Peel Health Foundation is challenging businesses or clubs to enter as a team, with all their participants in the run/walk, bike or paddle events counting towards some great prizes. Businesses will compete for the Alcoa Mandurah Island Challenge Corporate Shield & \$3,000 of advertising on 97.3 Coast FM, and Clubs will compete for a \$1,000 cash prize.

EVENT ENQUIRIES

E-mail: mandurahislandchallenge@westnet.com.au

Phone: (08) 9534 9340

PARKING

Parking will be available on Hall Park. Access to the park will be via Mary St and Leighton Place. Please follow the directions of the parking marshals on the day.

RESULTS AND AWARDS

Awards will be presented at the completion of the event. Results will be posted on the event website.

HEALTH INFORMATION

- Dehydration can be potentially lethal, particularly if you over-extend yourself in hot and/or humid conditions. Stop, walk or at least slow down at drink stations to allow adequate re-hydration
- If you feel distressed, disorientated, dizzy or excessively tired, SLOW down or rest for a while. If you do not improve WITHDRAW.



OFFICIAL ENTRY FORM

IMPORTANT—ENTRIES WILL NOT BE ACCEPTED WITHOUT A SIGNATURE BELOW.

WAIVER PARTICIPANTS DISCLAIMER (must sign & send)

1. I have read the conditions of entry for this event and understand the demanding physical nature of the event. I have trained for this event and I am not aware of any medical condition or impairment that will be detrimental to my health if I participate in this event. In the event that I become aware of any medical condition or impairment, or am otherwise sick or injured prior to the event, I will withdraw from the event.
2. I acknowledge that participating in this event may involve a real risk of serious injury or even death from various causes including: over-exertion, dehydration and accidents with other participants, spectators or road users.
3. I acknowledge that it is a condition of participating in this event that I do so at my own risk, I accept all risks and release the event organisers, its agents, affiliates, employees, members, sponsors, promoters, volunteers and any paid person or body directly or indirectly associated with this event, from all claims, demands and proceedings arising out of or connected with my participation in this event and I indemnify them against all liability for all injury, loss or damage arising out of or connected with my participation in this event. This release continues forever and binds my heirs, successors, executors, personal representatives and assigns.
4. The Event Director's decision will be final and no correspondence or disputes entertained.
5. I consent to receive medical treatment, which may be advisable in the event of illness or injuries suffered by me during this event.
6. I give permission for the free use of my name, voice or picture in any broadcast, telecast, advertising promotion or other account of this event.
7. Should the event be cancelled for any reason whatsoever I understand that entry fees will not be refunded and that no liability of any kind will attach to any person, corporation or body involved or otherwise engaged in promoting or staging of the event.
8. I agree to abide by the conditions of the event stated in this form, literature and other material distributed in connection with this event.

I declare that I am over the age of 18 years on the day of the event.

Signature

Date

WAIVER FOR ENTRANTS UNDER 18

Your parent/guardian must sign this waiver if you are under the age of 18 years on the day of the race.

I certify that I am the parent/guardian of _____

who will be _____ years of age on the day of this event and that he/she has trained for and has my consent to compete in the Run/Walk. I testify that I have read the above and acknowledge acceptance of the stated conditions on behalf of the minor specified above.

Signature of Parent/Guardian

Date